



Terms and Conditions

This document is agreement that you will be taking our teacher training course and complying to the standards asked of you. Your payment will not be refundable to you, unless you comply to the cancelling policy below.

Cancellation Policy

Full payments will be returned if 3 months cancellation notice has been given in writing to anthea@yogahealingglasgow.com minus administrative costs.

50% refund will given if 2 months notification has been given in writing to anthea@yogahealingglasgow.com minus administration costs.

25% refund will be given if 1 month notification has been given in writing to anthea@yogahealingglasgow.com minus administration costs.

Attendance Policy

100% attendance is required to obtain certification. If you have not attended 100% but have attended 80% of the course you may be able to incur further costs so that you can take your further assessment. If assessment was successful you will obtain your certification.

Code of Conduct

I will follow the code of conduct at all times throughout my training with Yoga Healing Institute which include:

- Attendance and participation at all sessions is mandatory for certification
- Be respectful of my fellow students and trainers at all times
- Be mindful of balance of sharing through listening and speaking
- Be responsible with my peers in creating a peaceful learning space
- Participate in every learning session but inform us if I am not feeling well
- Understand breaks are appointed at the start of each training day
- No mobiles or social media to be used throughout training sessions

During the Course

I understand that The Yoga Healing Institute Teacher Training is a physically and psychologically rigorous training. I am responsible for my experience in The Yoga Healing Institute Teacher Training and for my well-being while at The Yoga Healing Institute I agree to support teaching space environment and contribute to a safe, respectful, and positive experience for everyone during my training.

I understand that the practice of yoga often produces non-ordinary states of awareness, and that The Yoga Healing Institute teachers are not responsible for managing every student's personal needs. I understand that the 200-Hour Yoga Healing Institute Teacher Training curriculum has been designed to create the optimal yoga education and each specific experience may have content that differs from my beliefs. I understand that the study of yoga involves exploring and discussing different belief systems. I agree to respect all the ideas and practices that are presented as part of the 200-Hour Yoga Healing Institute Teacher Training Curriculum.

I understand that any ideas presented are not necessarily the view of The Yoga Healing Institute, and I understand that The Yoga Healing Institute is not requiring me to change my beliefs in any way in order to be certified as a 200-Hour Yoga Healing Institute Graduate.

I understand that practicing yoga is often about exploring new boundaries and personal limitations. I recognise that activities of this nature involve an element of physical, emotional, and psychological risk. I understand that each person's level of physical and psychological fitness is different, and that some activities may not be appropriate for me given my individual capacities. I accept the need to monitor my own participation in each activity, and each exercise within any given activity, and that The Yoga Healing Institute is not responsible for any physical and psychological risk I choose to take in my education, exploration, and enquiry.

Although my attendance is required in each session for me to become certified as a Yoga Healing Institute Teacher, my participation is never required if I feel unsafe in any way. It is my responsibility to honour my physical and psychological boundaries, and if I feel unsafe in any way, to stop participation in an experience and speak to my trainers.

Substance Use

The use or abuse of alcohol or other recreational drugs is prohibited before or during training. Violation of this policy at any time during the training will result in dismissal from the program with no refunds.

Yoga Healing Institute Promotional Efforts

At times The Yoga Healing Institute takes photographs and makes audio and video recordings to promote the benefits of participating in their trainings and studio. Whenever these activities are happening, I can tell The Yoga Healing Institute that I do not want to participate.

Otherwise I hereby consent to being the subject of any photographs or audio/video recordings made during my trainings at The Yoga Healing Institute and grant permission for these to be published or posted in ways that promote Yoga Healing Glasgow and The Yoga Healing Institute.

Social Media and Posting of Photographs and Videos

The Yoga Healing Institute recognises that a portion of their teacher trainers wish to photograph or record aspects of their program experience to post on social media. In order to protect the privacy of others, The Yoga Healing Institute requires that all guests agree not to post or publish any photographs, video, or audio recordings of other individuals, or make use of Yoga Healing Institute name or logo, without expressed permission. I understand that I am solely responsible and potentially liable for any harm or damages caused by my online activity relating to Yoga Healing Institute.

Release of Liability

After being informed of the above risks and responsibilities, I generally release The Yoga Healing Institute, together with its teachers and other representatives, from all claims, causes of action, medical expenses, and other costs related to my participation, whether they arise while at Yoga Healing Institute, or from my later use of information or instruction at home.

Daily Practice

I will be required to dedicate up to one hour daily yoga practice, and this practice will change monthly throughout the 12 months training.

Cancellation of the Course

Course leaders Anthea Simpson and Claire Rodgers reserve the right to cancel the course

at any point, and should the course be cancelled by The Yoga Healing Institute extension dates will be offered where applicable and refunds issued if necessary.

Extensions may be granted if I am not able to complete the required attendance due to unforeseen circumstances. In order for extension to be granted relevant evidence will be required, such as letter from my doctor or other professional.

Each circumstance will be looked upon individually, but further costs of 1-2-1 mentoring may be incurred at £50 per hour to cover all content missed. Due to it being 1-2-1 less hours may be incurred that were missed and this will be looked upon individually.

Complaints Procedure

Myself and Yoga Healing Institute will always try to resolve any issues or concerns that may arise over the teacher training in a calm, yogic way and should I have any complaints or concerns I will follow these stages.

Stage One

I will speak to my trainers and let them know of my concern to endeavour a calm resolution through discussion.

Stage Two

If I am still concerned I will outline the details in an email to my trainers. Yoga Healing Institute will then document back my complaint to me within 3 working days to ensure I am happy with the recorded complain and Yoga Alliance Professionals will be contacted with a full copy of my complaint for further resolution.

Next of Kin

To support my well-being at all times throughout my training please keep my next of kin details safe in case they need to be contacted.

Next of Kin:

Name:

Relationship:

Contact Mobile Number:

Receipt and Terms of Conditions Signed

Deposit of £600 received

Payment Method Confirmed

I have read the above Terms and Conditions and will comply to them

Name:

Signature:

Date: